

Menu for Cooking Demonstration

Table Appetizer

Beet tartar crostini
Parsnip and Swiss chard

Individual Appetizers

Duet of Creamy butternut squash soup with crème fraiche
Mixed field greens salad with honey caramelized apples,
Crumbled blue cheese dressed in cider vinaigrette



Entrée

Herb oil roasted chicken breast
Smashed potatoes,
Brussels sprouts
Braised carrots



Dessert Platters

Upstate apple tart
Honey gingerbread layer
Farm-raised goat's cheese cake