
HOW SHOULD I PREPARE FOR MY LEARNING TOUR?

For your safety and comfort, please review these helpful tips to prepare for your Learning Tour experience:

- Do your homework! **Read the Issue Brief** that corresponds to your Learning Tour in advance. This document serves as a primer on the main issue the program will address, as well some of the organizations that will be featured. Note: Basic information about the site and topic will not be covered at the session; the design is based on the assumption that you have read the Issue Brief.
- **Pack casual attire** to wear on the Learn Tour – i.e., leave the suit and heels at the hotel Monday morning. When you return back from the Learning Tour in the afternoon, there will be time to change, if needed, before the afternoon plenary begins.
- The following Learning Tours include **outdoor exposure**. Hats, sunscreen, and walking shoes (e.g., sneakers) are highly recommended for the following tours:
 - #3 – Repurposing Assets (lunch will be served outside)
 - #4 – Healthy Eating, Active Living
 - #5 – Community Engagement (lunch will be served outside)
 - #8 – Balboa Park
 - #9 – Veterans
 - #11 – Environment
- The following Learning Tours **involve walking as part of the program**, and may not be appropriate for individuals with limited mobility:
 - #8 – Balboa Park (about 1 mile)
 - #11 – Environment (at least 2 miles roundtrip)
- Bottled water is offered upon departure from the hotel. Lunch is held at each Learning Tour site. However, if you need to take an additional snack, please do.
- Come energized and ready to connect with your peers and community leaders! Each Learning Tour includes components of networking, workshop, and discussion. **Take the tools you need** – pen, notebook, business cards – to learn and contribute.
- Do wear your conference badge to the breakfast plenary and keep it on during your Learning Tour.
- Do bring your smart phone cameras to **post pictures and Tweet** through the conference app. Many of these tours will expose you to some amazing sites and locations in San Diego.
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Finally....

- **Don't miss the Monday morning breakfast plenary.** Bus loading for the Learning Tours will begin from the plenary ballroom.

